

PACKING CHECKLIST

Thailand, Oct 2023

Documents

- Passport
- Visa (if required)
- Health insurance
- Copies of documents
- Cards + Cash (Thai Baht)
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Clothes & Accessories

- Yoga Outfits (8-10)
- Pyjamas
- Sundresses
- Comfortable loungewear
- Casual daywear
- Flip flops/ sandals
- Bathing suits
- Beach wraps/ cover ups
- Temple appropriate wear
- Sunglasses
- Hat
- Day / Beach bag
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Electronics

- Phone + Charger
- Watch + Charger
- Laptop + Charger
- Travel adapter
- Headphones
- Travel Speaker

Toiletries

- Toothbrush, paste & floss
- Deodorant
- Conditioner
- Shaving supplies
- Body lotion
- Face wash, serums & creams
- Feminine products
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Health & Beauty

- Hand sanitizer/ wipes
- Sunscreen
- Tanning Oil
- Aftersun
- Tablets (i.e. upset tummy)
- Bug Spray
- Hair dryer / tools
- Hair ties / bobbles
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Other

- Reusable water bottle
- Book(s)
- Cards / Games
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